



Senior Program Schedule



Feb 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						2
3	4	5 11am - Tai Chi w Earl	6 11am - Senior Fitness w Earl	7 11am - Tai Chi w Earl	8 11am - Senior Fitness w Earl	9
10	11	12 11am - Tai Chi w Earl	13 11am - Senior Fitness w Earl	14 11am - Tai Chi w Earl	15 11am - Senior Fitness w Earl	16
17	18	19 11am - Tai Chi w Earl	20 11am - Senior Fitness w Earl	21 11am - Tai Chi w Earl	22 11am - Senior Fitness w Earl	23
24	25	26 11am - Tai Chi w Earl	27 11am - Senior Fitness w Earl	28 11am - Tai Chi w Earl		